

## MCC Ministry Details and Contacts

### WELCOME

**Coffee Team** - Nancy Buchanan ([1blessednana3x@gmail.com](mailto:1blessednana3x@gmail.com))/Kellyn Moody ([kellyn.moody@gmail.com](mailto:kellyn.moody@gmail.com))

**Donut Team** – Nikole Sparacio ([mattniks@comcast.net](mailto:mattniks@comcast.net))

**Water Baptisms** - Karen Mitchell ([kmitchell@mccag.org](mailto:kmitchell@mccag.org))

**Dental Clinic** - Tania Stevens (Clinic Phone #: 804-559-0995)

Patients are seen on Tuesday evenings only. Currently serving low-income Hanover County residents only. Typically, patients have only Social Security to depend on or are working part time. Potential patients must qualify financially.

**MCC Food Pantry** – Gregg Cobert ([gregg45@yahoo.com](mailto:gregg45@yahoo.com)) and Robby Creger ([robbycreger@comcast.net](mailto:robbycreger@comcast.net))  
Open from 11am – 12pm on Tuesday morning and from 1:00pm – 1:30pm on Sunday.

Currently anyone attending MCC can get food as often as needed. People in the community (23111 and 23116 zip codes) can also get food twice a month.

**Host/Greeter Team** – Eric Glymph ([ericg@usa.net](mailto:ericg@usa.net))

Sunday Services, Special Events (e.g. Christmas Eve services)

**50 North** - Pastor Dwayne Moore ([dmoore@mccag.org](mailto:dmoore@mccag.org))  
Senior-Adult Ministry for 50+ adults

**ADULT MINISTRIES**– Terra Lawrence ([terra@mccag.org](mailto:terra@mccag.org))

**Marriage Team** – Brian and Heather Luitjohan ([hluitjohan@hotmail.com](mailto:hluitjohan@hotmail.com))  
Marriage Mentors – Engaged or married couples should consider which pastor they feel the most comfortable with and contact them to get set up with a marriage mentor couple.

**MCC MEN** - Mick Wienholt ([men@mccag.org](mailto:men@mccag.org))

**MUMS (Moms Understanding Moms)** – Joni Moore ([mccmums@gmail.com](mailto:mccmums@gmail.com))  
Bi-Weekly group meetings (Wednesday evenings, 6:30-8:15pm, with childcare); moms may join anytime throughout the year.

**Small Groups** - Terra Lawrence ([terra@mccag.org](mailto:terra@mccag.org)) View current/active MCC small groups at [mccag.org/get-involved/](http://mccag.org/get-involved/)

**Freedom Groups** – Grace Thompson ([freedom@mccag.org](mailto:freedom@mccag.org))  
Freedom Groups are 11-week groups that equip participants to live the victorious and

abundant life that Christ intends. (more details here: [www.mccag.org/freedom/](http://www.mccag.org/freedom/))

**Starting Point (membership)** - Terra Lawrence ([terra@mccag.org](mailto:terra@mccag.org))

**Women's Team** - Dawn Isner ([women@mccag.org](mailto:women@mccag.org))

### PRAYER

**Share a Prayer Need** – Pastor Dwayne Moore ([dmoore@mccag.org](mailto:dmoore@mccag.org))

With permission from the individual requesting the prayer, submit prayer requests to Pastor Dwayne, which will then be distributed via email to a small group of people (pastors, elders, prayer team members) who are committed to praying for shared needs.

**Intercessory Prayer and School of Prayer** – Henry/Cindy Smith ([henrycindysmith@comcast.net](mailto:henrycindysmith@comcast.net) or 804-908-2158)  
Sundays (before and after Sunday services)

**Intensive Intercessory Prayer** – Henry/Cindy Smith ([henrycindysmith@comcast.net](mailto:henrycindysmith@comcast.net) or 804-908-2158)  
Prayer for healing and freedom is available in a team format for anyone who completes a questionnaire and returns it to Cindy Smith (women) or Henry Smith (men). These prayer sessions occur either offsite or at MCC. The individual is equipped to apply principles from

the Word to maintain their healing and freedom.

**FAMILY MINISTRIES** - Pastor Aaron Rhodes  
([aaron@mccag.org](mailto:aaron@mccag.org))

**Nursery** - Cherie Evans ([cherie@mccag.org](mailto:cherie@mccag.org))  
Sundays (all services) and Special Events for children ages 0-4

**MCC Kids** – Cherie Evans ([cherie@mccag.org](mailto:cherie@mccag.org))  
Sundays (all services) for children in grades K-5

**Ignite Youth Group** - Pastor Nathan Jones  
([nathan@mccag.org](mailto:nathan@mccag.org))  
Thursdays (6:30-8:30pm) for middle and high school students (grades 6-12)

**Young Adults Group** – Pastor Aaron Rhodes  
([aaron@mccag.org](mailto:aaron@mccag.org))  
1<sup>st</sup> Mondays of each month @ 7pm, at MCC for ages 18-32

**MISSIONS & OUTREACH** - Sandra Bowling  
([sbowling@mccag.org](mailto:sbowling@mccag.org))

**Mission Trips** – Jenn Russo ([jenn@mccag.org](mailto:jenn@mccag.org))  
Trip sign-ups, coordination, etc.  
Current mission trip opportunities are listed at [mccag.org/get-involved/missions/](http://mccag.org/get-involved/missions/)

**Missions Outreaches** - Sandra Bowling  
([sbowling@mccag.org](mailto:sbowling@mccag.org))  
Saturday homeless ministry, Sunday breakfast, Missions Yard Sale

**Local Missions** - Vangie Hendrickson  
([mccllocalmissions@gmail.com](mailto:mccllocalmissions@gmail.com))

**RVA Hope Center** – Aaron/Vangie Hendrickson  
([mccllocalmissions@gmail.com](mailto:mccllocalmissions@gmail.com))  
([rvahopecenter.org/](http://rvahopecenter.org/))  
Get your group together and join RVA Hope every Saturday by signing up at [rvahopecenter.org](http://rvahopecenter.org)

**Northside Outreach Center** - Butch Johnson  
([bjfireproof@gmail.com](mailto:bjfireproof@gmail.com))

**Missionary Care** - David and Kim Hoyt  
([khoyt4754@gmail.com](mailto:khoyt4754@gmail.com)) and Geoff Lawrence  
([Geoff.lawrence15@gmail.com](mailto:Geoff.lawrence15@gmail.com))  
Provide care for our missionaries by praying for them, sending them emails/cards and just loving on them in simple ways when they are back home and serving in their mission field.

## **SERVICE**

**Facilities/Grounds Maintenance and Tech** - Justin Downey  
([jdowney@mccag.org](mailto:jdowney@mccag.org))

**Special Events Team** - Karen Mitchell  
([kmitchell@mccag.org](mailto:kmitchell@mccag.org))  
Funerals, Ministerial Events

**Traffic Team** - David Garrett ([david-garrett@msn.com](mailto:david-garrett@msn.com))  
Sunday Mornings, Special Events

**Join a Team** - Karen Mitchell  
([kmitchell@mccag.org](mailto:kmitchell@mccag.org))  
Visit [mccag.org/get-involved/teams/](http://mccag.org/get-involved/teams/) to express interest in joining a team.

## **COUNSELING/MENTAL HEALTH**

If you or someone in your small group may benefit from professional help through a counselor, psychiatrist, intensive marriage counseling or other lifelines, we recommend the affected individual first connect with an MCC pastor. MCC has a comprehensive list of recommendations for these situations.